



# अंतर्चेतना

## Antarchetana – The awakening

Anandalaya Newsletter, Jan-Feb, 2023: Issue - 22

#### PRE PRIMARY

#### PRE - PRIMARY ANNUAL SPORTS MEET







Annual Sports Day for the kindergarten section was held on Thursday 19<sup>th</sup> January 2023 and Friday 20<sup>th</sup> January 2023. All the students and parents of Kush and Pallav classes participated enthusiastically. The event commenced with Pallav children performing a welcome song and a motivational drill.

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There was a formal opening of the meet by flying balloons with Anandalaya logo. All pre-primary children enthusiastically participated in a variety of fancy races and sprint.



This was followed by an overwhelming parent participation in a few events. All children were awarded a pencil box as a token of appreciation for their zealous participation. The main objective to host this event was to develop and foster physical fitness, make children understand that participation with sports man spirit is more important than winning or losing, acquaint children to a standardized sports meet and to enhance rapport with the most significant stakeholders i.e. the parents through their active participation in various sports events

#### PRIMARY, SECONDARY AND SENIOR SECONDARY

#### MATH CAPACITY BUILDING WORKSHOP

For continuous professional development of Math, Math Capacity Building workshop was organised at Cygnus World School, Harni, Vadodara on 30<sup>th</sup> & 31<sup>st</sup> of December, 2022. The teacher participants Ms Anjana Patel & Ms Kinnari Bhavsar attended the workshop. The resource person was Mr. Brijesh Sharma (Founder of Webrimath). Its prime objectives were promoting critical thinking, comparing the present Mathematics with the past, appreciating Indian Contribution in the field of Math, creating interest, and motivation to perceive a career in Mathematics. A variety of activities based on mathematical concepts were done in the workshop.

#### GENERAL KNOWLEDGE QUIZ ENCUESTA





The students of Anandalaya participated in Encuesta 6.0 - Gujarat's Biggest Quizzing Carnival Organized by Institute of Language Studies and Applied Social Sciences (ILSASS), which was held at Shashtri Maidan Vidyanagar on 18<sup>th</sup> January 2023. Another golden quill was added on the cap of Anandalaya, as the students bagged FIRST POSITION- Team 5 - Mantvya Mehta VII and Ashish Dubey VIII, Samruddhi Hegde IX and THIRD POSITION - Team 3- Amoli Shah VII and Aaryan Patel VIII, Yug S Patel IX. They were awarded with Rolling Trophy, School Trophy, Certificate and Cash award of Rs. 3000. The ENQUESTA Quiz is organised with the purpose of enhancing a sense of perceiving the world for a better understanding, analyzing the situations which cannot be possible without proper knowledge. It helped to imbibe team spirit, seek opportunities to excel beyond academics, get into the habit of innovative learning from an early age.

#### NCC 'A' CERTIFICATE EXAM 2023





NCC 'A' Certificate Exam 2023 was conducted on 22<sup>nd</sup> January (Sunday) 2023 for the Cadets from class IX (31 Boys Cadets) & 5<sup>th</sup> February (Sunday) 2023 Cadets from class IX (30 Girls Cadets). The exam included a written test, drill test, viva. The prime objectives were to develop qualities of character, courage, comradeship, discipline, leadership, secular outlook, spirit of adventure and sportsmanship and the ideals of selfless service among the youth to make them useful citizens.

#### PRL - PHYSICAL RESEARCH LABORATORY SCHOLARSHIP PROGRAMME - 2023

Every year Physical Research Laboratory organises the Arunalal Scholarship Programme for meritorious students of class XI and awards them on National Science Day. There were 5 students who were selected from class XI for poster competition: Prisha Khairnar, Sruja Sanjaykumar Brahmbhatt, Taksh Dhirajkumar Chauhan, Vihaan Chintan Vyas, Yogi Hitesh Shah.











The theme of Poster was "Role of Emerging Science in the Global Well-being". The objective of the programme is to encourage higher secondary school children to pursue studies in basic sciences. PRL awarded the students based on their posters and performances. The winners were Vihaan Chintan Vyas (Centre Topper), Sruja Sanjaykumar Brahmbhatt (Poster & PRL Special Quiz). The students received certificates and electronic gadgets/toys.

#### KALAMAHAKUMBH – STATE LEVEL



Anvi Anuj Amin of Class VII participated in Zonal level Kathak dance competition at Morbi and She secured 2<sup>nd</sup> position.



Moksh Patel of class VII participated in Harmonium category in Kala Mahakumbh Zonal Level competition at Botad on 18<sup>th</sup> February 2023 and he secured second position.

### परिचर्चा : विकासोन्मुखी हिंदी भाषा और संस्कृति







आनंदालय में 4 फ़रवरी, 2023 को राधासी मंच के तहत 'विकासोन्मुखी हिंदी भाषा और संस्कृति' विषय पर एक परिचर्चा का आयोजन किया गया। इस परिचर्चा में आठ विद्यालयों के शिक्षक-शिक्षिकाओं ने भाग लिया। मुख्यातिथि के रूप में श्रीमती बीना मिनेश शाह जी ने अपनी गरिमामयी उपस्थिति द्वारा कार्यक्रम को शोभायमान किया। जिन्होंने एक अभिभावक के रूप में तथा विद्यालय की स्वयंसिद्धा संस्था की सिक्रय सदस्या के रूप में आनंदालय के साथ एक लंबी यात्रा तय की है।

वर्तमान में भी वे समाज सुधार, पर्यावरण संरक्षण तथा प्लास्टिक मुक्त धरा के लिए कई अभियानों से जुड़ीं हैं। अपने वक्तव्य में उन्होंने पर्यावरण संरक्षण हेतु विद्यार्थियों को जागरुक करने व प्लास्टिक एकत्रित कर धरती को स्वच्छ बनाने की संकल्पना को अमल में लाने की बात कही। उनके विनम्र व्यक्तित्व व अनुभव ज्ञान ने उपस्थित शिक्षकवर्ग पर अप्रतिम छाप छोड़ी।



परिचर्चा में मुख्य वक्ता के रूप में डॉ. अनु मेहता, डॉ. पार्वती गोसाई, तथा डॉ. अनीता शुक्ला जी ने अपनी बेजोड़ प्रतिभा, भाषानुराग, हिंदी भाषा और साहित्य के बृहद जान से सभा को अभिसिंचित किया | डॉ. अनु मेहता जी ने परिचर्चा का आगाज़ राजभाषा हिंदी की मिहमा व भारतीय संस्कृति की प्राचीनता व व्यापकता पर प्रकाश डालते हुए किया | डॉ. पार्वती गोसाई जी ने हिंदी भाषा व संस्कृति की विदेशों में बढ़ती लोकप्रियता पर अपने रोचक विचार प्रस्तुत किए | डॉ. अनीता शुक्ला जी ने हिंदी भाषा की वर्तमान दिशा-दशा तथा संभावनाओं पर सबका ध्यान आकर्षित किया | प्रभारी प्रधानाचार्य श्रीमान तेजस कुमार देसाई जी ने अपनी सारगर्भित वाणी द्वारा सभी वक्ताओं को अभिप्रेरित किया | परिचर्चा में आनंदालय की ओर से मधुबाला गुलेरिया व भक्ति आशर जी ने अपनी प्रस्तुति दी | अन्य विद्यालयों से पधारे शिक्षक-शिक्षिकाओं ने भी अपने अनुभवों को साझा किया | अतः कहा जा सकता है कि इस परिचर्चा के माध्यम से भाषा शिक्षक विद्यार्थियों को हिंदी भाषा, भारतीय संस्कृति और नैतिक मूल्यों से जोड़ने के लक्ष्य को प्राप्त कर सकेंगे | परिचर्चा की सफलता का अनुमान इस बात से लगाया जा सकता है कि कार्यक्रम के अंत में सभी मुख्य वक्ताओं ने इस परिचर्चा को एक दिन की कार्यशाला के रूप में आयोजित करने का सुझाव दिया जिसका उपस्थित शिक्षक वर्ग ने भी अनुमोदन किया | राजभाषा हिंदी के प्रचार-प्रसार में महत्वपूर्ण भूमिका निभाने हेतु विद्यालय प्रबंधन की भूरी -भूरी प्रशंसा की |

#### WORKSHOP - "TECHNIQUES IN BIOTECHNOLOGY"





ARIBAS at New Vallabh Vidyanagar, Anand organised a workshop on Techniques in Biotechnology. Students of class XII (Biology section) along with teachers attended the workshop on Saturday, 17<sup>th</sup> December 2022. The objectives of the workshop were to impart practical knowledge to extend learning experiences beyond the classroom on the theoretical concepts of biotechnology and to explore hands-on skills and enhance simulation-based experiences in biotechnology labs on "Processes involved in biotechnology". The workshop was conducted by Faculties, Department of Biotechnology, ARIBAS.

The workshop had a presentation on the courses after class XII and career opportunities. It also highlighted the other various integrated science courses, their future prospects and other professional courses. During the workshop, participants visited various labs and acquired a better understanding of the tools and techniques involved in Biotechnology. The students developed a better understanding of the conceptual knowledge in biotechnology through this workshop.

#### REGIONAL CBSE SCIENCE EXHIBITION



Navrachna Higher Secondary Vadodara School, organised CBSE science exhibition regional level on 15th and 16th December 2022 for two categories, category 1 from Classes VI to VIII and category 2 for Class IX & X. The objectives were to provide an opportunity to explore real-world challenges, engage students in learning new facts and inventions with zeal of interest, explore the creative talent of the students and force them to think outside of the box. The main

theme of the exhibition was Technology and Toys. The sub theme chosen by category 1 was advancement in information and communication technology, the participants were Smaran Suthar (VIII) and Tirth H Dev (VIII).

The sub theme chosen by category 2 was Historical Development with current Innovation and the participants were Sneh H Patel (X) and Tanish H Patel (X). Both the teams exhibited working model under the respective sub themes. Category 1 exhibited "Mechanical Encryptor" and Category 2 exhibited "Automated Snake and Ladders Board game". There were about 94 exhibits at the regional level. Category 1 was qualified for CBSE National Science Exhibition 2023.

#### **CBSE NATIONAL SCIENCE EXHIBITION 2023**





Lotus Valley International School, Gurugram organised the CBSE National Science Exhibition 2023 from 7<sup>th</sup> February to 9<sup>th</sup> February 2023. Smaran Suthar and Tirth

Dev of class VIII participated in the exhibition. Dr. Nidhi Chiber, IAS, Chairperson - CBSE and Dr. Joseph Emmanuel, Academic director - CBSE were the Chief Guests of the inaugural ceremony. The objectives were to exhibit innovative & creative ideas in the form of projects, enhancing experiential learning and providing an opportunity towards becoming entrepreneurs through innovation. Students learned to exhibit innovative, creative ideas in the form of projects, observe & learn from others' ideas. There was also a workshop for teachers to learn how students can be taught to participate in IRIS fair & ThinkTac events, to select a good science project for science exhibitions and motivate the young generation to have creative & innovative scientific temperament. It was a great learning experience for the teacher and students.

#### **TEACHING OF ENGLISH IN THE LIGHT OF NEP-2020**

A workshop on the topic 'Teaching of English in the light of National Education Policy-2020' was conducted in Bhartiya Vidya Bhavans, Nadiad on Thursday, 16<sup>th</sup> February, 2023. The resource person Ms. Prakrati Shrivastava from Oxford University Press emphasised on NEP aligned activities in English language teaching in foundational and preparatory classes i.e. classes I to V. The workshop was mainly focused on competency-based pedagogies, gamification of English grammar, use of phonetics as a part of teaching for the foundational group and inculcating silent reading habits among students of all age groups for the better comprehension of a text. The workshop was attended by the two teachers, Ms. Sudeshna Bhattacharjee and Mr. Deepak Manjrekar. The resource person suggested to use tongue twisters, grammar and spelling games, activities to teach phonics, competency based teaching & assessment and interdisciplinary approach to make English teaching interesting and thus effective.

#### **BEST NCC OFFICER AWARD**



NCC Directorate, Gujarat, Dadra Nagar Haveli, Daman & Diu felicitated Mr. Saurabh M Kethulikar for his outstanding performance in imparting training at Vallabh Vidhyangar during the year 2022-23. He has been awarded with at certificate and cash prize of ₹ 1000 on 15<sup>th</sup> February 2023.



On Saturday, February 11, 2023 Students of class XI along with the staff of Anandalaya bade farewell to the students of XII. The function was organised with the objectives to wish good luck to the students of class XII, strengthen the bond between class XI and XII students and encourage the students of class XI to organize an event and showcase their talents.

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The students of class XII were presented mementos on behalf of the school. The evening was made colourful by presenting a cultural programme comprising songs, dances, poem recitation by the students of class XI under the guidance of their class teachers.